



3282 Clear Vista Court NE Suite B, Grand Rapids, MI 49525

December 7, 2022

Rate Increase Notice Effective

Our rates will be increasing effective January 1, 2023. This rate increase reflects inflation and increased overhead costs, and follows market rates for the credentials and experience level of our clinicians. This rate increase will allow us to sustain a consistent quality of care.

This rate change applies to all service levels and includes a change to late cancellation/no show fee. A full fee schedule is available upon request. The fee for a 53+ minute appointment (therapy hour) will increase to \$175/session. The fee for a late cancellation (less than 2 hours notice) or a No Show will also increase to \$175. A full fee schedule is available upon request.

Please note if you utilize health insurance benefits, your out of pocket costs are determined by your insurance provider and this change in rates will not change your current co-pay, co-insurance or deductible amounts. If you experience a change in your out of pocket costs with insurance, this is due to a change by your insurance provider.

Please plan accordingly, and be sure to discuss with your clinician, or contact Ashley Troszok (ashley@balancedlifegr.com) if this fee increase may not be feasible in your budget. We are happy to explore what options are available to you as we prioritize your care.

We value you and appreciate that you have chosen Balanced Life Counseling and Wellness for your mental health needs.

Sincerely,

Ashley Troszok, LMSW

Ashley Troszok, LMSW
Founder
ashley@balancedlifegr.com